



Blackbird Bakery Gluten-Free

75 Recipes for Irresistible Gluten-Free Desserts and Pastries

By Karen Morgan

Photographs by Knoxy

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In 2002, Karen Morgan joined growing ranks of Americans diagnosed with celiac disease (3 million and counting, with about an equal number of Europeans). A devoted dessert-o-phile, Morgan struggled to find treats that met her dietary restrictions and satisfied her sweet tooth. Frustrated in her efforts, the French-trained Morgan decided to do about it, and began creating her own, which led to the 2008 launch of Blackbird Bakery, an online, gluten-free bakeshop based in Austin, TX.

Now celebrities such as Courteney Cox-Arquette, Jennifer Esposito, Lauren Dern, pro-surfer Kelly Slater and musician Ben Harper, all love Blackbird Bakery for its famously scrumptious gluten-free desserts. These same sweets can be yours, too, courtesy of **Blackbird Bakery Gluten-Free**, a beautiful cookbook that collects 75 delicious recipes for classic desserts and gorgeous French pastries, all made without gluten. From **Sunday Morning Pancakes** and **Southern Style Cornbread** to **Tarte Tatin**, **Classic Cherry Pies**, **Éclairs**, **Profiteroles**, and **Tiramisù**, you'll find a bevy of favorites as well as a few surprises, all so delicious no one will ever know they're gluten-free.

Not only does **Blackbird Bakery Gluten-Free** offer an array of tantalizing treats, it proves that health-conscious needn't mean dowdy – the book boasts the stunning photography and smart design for which Chronicle is known. As the celiac community continues to grow, and as millions more seek gluten-free options to supplement a healthy lifestyle, **Blackbird Bakery Gluten-Free** ensures that gluten conscious gluttons can dish up all sorts of delectable desserts – anytime the craving strikes!

Karen Morgan is the "Big Bird" and blogger behind Blackbird Bakery, www.blackbird-bakery.com, and lives in Austin, TX with her 5-year old son Leo.

Knoxy of Knoxy Photographics is a food and lifestyle photographer based in Austin, Texas.

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1212 Guadalupe Street, #206
Austin, Texas 78701
main 512.236.0707
cell 512.797.1046
karen@blackbird-bakery.com
www.blackbird-bakery.com

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